

GLACIER WALKS & OUTDOOR ADVENTURES

DAY TOURS FROM:



REYKJAVÍK SÓLHEIMAJÖKULL SKAFTAFELL



ICELANDIC MOUNTAIN GUIDES



ICELANDIC MOUNTAIN GUIDES

Welcome

Let us tell you a little bit about ourselves, who we are and why we do what we do. Icelandic Mountain Guides is Iceland's premier outdoor and adventure company. The company was established in 1994 by four young environmentalists and outdoor enthusiasts. They became pioneers in introducing the wonders of Icelandic nature to travellers from all over the world. Originally we started offering Glacier Walks in Skaftafell and later on Sólheimajökull glacier. Hiking and other adventures soon followed. Glacier Walks have now become one of the most popular tourism activities in Iceland. Even though there are no technical requirements needed for our glacier walks, safety is a big issue when travelling on glaciers. Therefore, all our guides go through a strict training program to make sure you enjoy your adventure in a fun but safe way. From the beginning our aim has always been to offer adventures for everyone. We wish you a pleasant stay in Iceland and welcome you to experience the wonders of Iceland with us.









The Most Awarded Adventure Tour Company in Iceland

















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DAY TOURS FROM REYKJAVÍK

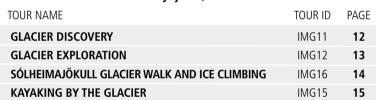
Free pick up at most hotels, hostels, guesthouses and downtown bus stops in Reykjavík.



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DAY TOURS FROM SÓLHEIMAJÖKULL GLACIER

About 2.5 hrs drive from Reykjavík, 45 min from Vík



DAY TOURS FROM SKAFTAFELL IN VATNAJÖKULL NATIONAL PARK

About 5 hrs drive from Reykjavík, 1.5 - 2 hrs from Höfn.



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TAKE A WALK ON THE ICE SIDE

Glacier Walk and Waterfalls Combo Tour IMG01

DURATION 9 - 10 HRS

ON THE ICE 2 HRS

LEVEL MODERATE

South coast sights Skógafoss and Seljalandsfoss Sólheimajökull glacier exploration

On this popular Iceland day tour you will be guided through the labyrinth of a glacier tongue extending down from the fourth biggest glacier in Iceland. After having explored ice sculptures, ridges, and deep crevasses we stop at the two waterfalls Skógafoss and Seljalandsfoss on our way back to Reykjavík.











DAILY DEPARTURES 9:00

Mon Tue Wed Thu Fri Sat Sun

PICK UP 8:30 - 8:50 ALL YEAR

Passengers are picked up by Reykjavík Excursions and have to be ready in front of their hotel from 8.30 am. Note that the RE buses stop for only 1 min at each pick up destination and passengers that miss their pick up have to get themselves to the BSÍ bus station in time before departure.

TOUR DETAILS

INCLUDED:

Transport, guiding services and glacier equipment.

NOT INCLUDED:

Lunch (can be bought on the way).

CLOTHING: See page 23.
MINIMUM AGE: 10 years.
PRICE CHILDREN: 10 - 15
years: 10.900 ISK.

Price: 18.900 ISK.









SOUTH SHORE, GLACIER WALK AND ICE CLIMBING IMG18

DURATION 10 - 12 HRS

ON THE ICE 3 HRS

LEVEL MODERATE



DAILY DEPARTURES 9:00

Mon Tue Wed Thu Fri Sat Sun

ALL YEAR

PICK UP 8:30 - 8:50

Pick up & transportation is operated by *Reykjavík Excursions. See p. 5.

TOUR DETAILS

INCLUDED:

Transport, guiding services and glacier equipment.

NOT INCLUDED:

Lunch (can be bought on the way).

CLOTHING: See page 23. **GUIDE RATIO: 6:1** MINIMUM: 2 persons. MINIMUM AGE: 14 years.

PRICE: 24.900 ISK.

A fun and adventurous combo Introduction to ice climbing Skógafoss and Seljalandsfoss

On this south shore adventure heading to Sólheimajökull glacier, we combine our popular glacier walks with an easy introduction to ice climbing and visits to the two impressive waterfalls, Seljalandsfoss and Skógafoss. A memorable small-group experience that offers great photo opportunities.



*The introduction to Ice climbing is adapted to each group and individual.









WALK THROUGH ICE AND FIRE IMG02

DURATION 11 - 12 HRS

ACTIVE 5 - 6 HRS

LEVEL MODERATE

Reykjadalur hot spring hike Sólheimajökull glacier walk Skógafoss and Seljalandsfoss

We combine two of Iceland's natural highlights, hot springs and glaciers for a day full of traversing remarkable landscapes. A short hike in the Hengill geothermal area, followed by a natural bath in a hot spring and a glacier walk on Sólheimajökull glacier. On our way back to town we stop at the two waterfalls Skógafoss and Seljalandsfoss.





DAILY DEPARTURES 9:00

Mon Tue Wed Thu Fri Sat Sun

PICK UP 8:30 - 8:50
JUNE 1ST - AUG 31ST

TOUR DETAILS

INCLUDED:

Transport, guiding services, glacier gear and safety equipment.

NOT INCLUDED:Lunch (can be bought on the way).

CLOTHING: See page 23.

NOTE

Bring swimsuit and a towel.

MINIMUM AGE: 10 years.

PRICE CHILDREN:

10 - 15 years: 21.900 ISK.

PRICE: 31.900 ISK.









HOT SPRINGS AND LAVA CAVE IMG06

DURATION 6 - 7 HRS

ACTIVE 4 HRS

LEVEL MODERATE



DEPARTURE 12:00









PICK UP 11:30 - 11:50 JUNE 1ST - OCT 31ST

TOUR DETAILS

INCLUDED: Transport, guiding services,

helmets and headlamp for caving. NOT INCLUDED:

Lunch (can be bought on the way).

CLOTHING: See page 23.

Bring bathing suit, towel and lunch.

MINIMUM AGE: 8 years. PRICE CHILDREN:

8 - 15 years: 16.900 ISK.

PRICE: 24.900 ISK.

Hidden lava cave Hike in Reykjadalur Bathe in a natural hot spring

You will find out how lava caves are formed by exploring one of the many lava tubes in the Bláfjöll mountain range. The hike continues down through Reykjadalur, "the Steamy Valley", where it is possible to enjoy a natural bath in a warm stream.















LAVA CAVE EXPLORATION IMG10 A half day caving adventure

DURATION 3.5 HRS

ACTIVE 1 HR

LEVEL MODERATE

Reykjavík lava caving Great hidden lava caves Short on time, big on adventure

A great half day trip going to the Leiðarendi lava cave on the outskirts of Reykjavík. Discover the beauty of stalagmites and stalactites, learn more about the formation of lava caves and how they have played a part in many different Icelandic myths throughout the centuries.





DEPARTURE 8:30 & 13:30









PICK UP 8:00 - 8:20 & 13:00 - 13:20 **ALL YEAR**

TOUR DETAILS

INCLUDED: Transport, guiding services, helmets and headlamp for caving.

NOT INCLUDED: Lunch.

CLOTHING: See page 23. MINIMUM AGE: 8 years.

PRICE CHILDREN: 8 - 15

years: 6.900 ISK.

PRICE: 9.900 ISK.







GLACIER WALK AND

DURATION 11 - 12 HRS | **ACTIVE** 2 - 3 HRS ON THE ICE 1 HR | LEVEL MODERATE



DAILY DEPARTURES 12:00







PICK UP 11:30 - 11:50 SEPT 1ST - APR 15TH

TOUR DETAILS

INCLUDED:

Traditional dinner* and dessert (drinks not included). Transport, guiding service, glacier gear and safety equipment.

NOT INCLUDED:

Lunch (can be bought on the way).

CLOTHING: See page 23. MINIMUM AGE: 10 years.

PRICE CHILDREN:

10 - 15 years: 23.900 ISK.

PRICE: 33.900 ISK.

Sólheimajökull glacier walk Traditional Icelandic dinner Waterfalls & Northern Lights

One of the best combo day tours available! On this amazing adventure in Iceland you will be guided through the labyrinth of a icy wonderland on a glacier walk, visit the two waterfalls, Skógafoss and Seljalandsfoss, have a traditional dinner at a local farm, and look for the Northern Lights all in the same day.



Please note that the Northern Lights are a natural phenomenon, therefore sightings cannot be guaranteed. In spring, the possibility of seeing the Northern Lights decreases with the longer days.

*Dinner includes lamb. Vegetarian option available upon request.











GOLDEN CIRCLE AND MAGICAL NIGHTS IMG09

DURATION 10 - 11 HRS

ACTIVE 1 - 2 HRS

LEVEL EASY

Pingvellir, Gullfoss and Geysir Traditional tastes at local farms Fontana Spa and Northern Lights

This tour delights all your senses by combining the famous Golden Circle with a visit to local farms and restaurants for delicious food made with pure Icelandic ingredients, Fontana Spa and a chance to see the Northern Lights! On this small group tour you experience the golden circle in a slow travel way. The late departure time means that we are able to visit the highlights of the tour after the main rush hour, giving you a more personal experience of these gems of Icelandic Nature.



Please note that the Northern Lights are a Natural Phenomenon, therefore sightings cannot be guaranteed. Some dishes include meat and fish. Vegetarian option available upon request.



DAILY DEPARTURES 12:00



PICK UP 11:30 - 11:50 SEPT 1ST - APR 15TH

TOUR DETAILS

INCLUDED:

Local tastes at Friðheimar and Efstidalur, today's special and chocolate mousse dessert at Lindin Restaurant, entrance and towel at Fontana Spa, transport and guiding service.

CLOTHING: See page 23.

Bring bathing suit. Drinks are not

included.

MINIMUM AGE: 10 years. PRICE CHILDREN: 10 - 15 years: 25.900 ISK.

PRICE: 37.900 ISK.















GLACIER DISCOVERY IMG11 An easy glacier walk on Sólheimajökull glacier

DURATION 2 - 2.5 HRS

ON THE ICE 1 HR

LEVEL EASY



DAILY DEPARTURES

JUNE 1ST - SEPT 30TH 9:30, 12:30 & 15:30.
OCT 1ST - MAY 31ST

10:30 & 14:30.

TOUR DETAILS MEETING POINT:

Sólheimajökull parking area,

20 min. prior to departure.

INCLUDED:

Guiding services, glacier gear and safety equipment.

CLOTHING: See page 23. **MINIMUM AGE:** 8 years.

PRICE CHILDREN: 8 - 15 years: 6.900 ISK.

PRICE: 9.900 ISK.

Safe and easy glacier walk Sólheimajökull glacier views Family friendly adventure

On this informative, safe and easy glacier walk on Sólheimajökull glacier tongue, you get to explore a frozen wonderland of glacier ice, deep crevasses, and water cauldrons. You will get plenty of photo opportunities during your hike to capture this once in a lifetime experience. No technical skills are needed for this family-friendly tour and you will be provided with all glacier equipment.







GLACIER EXPLORATION IMG12 Glacier hiking adventure on Sólheimajökull

DURATION 3 - 3.5 HRS

ON THE ICE 2 HRS

LEVEL MODERATE

Adventurous day on the glacier Unique experience Spectacular landscape

This is our most popular glacier tour on Sólheimajökull. Here, you go higher up on the glacier and you get to experience panoramic views of the glacier valley. Your expert guide will tell you all about the glacier while leading you through the frozen maze of crevasses and ice sculptures. This Glacier Exploration trip is for those wanting not only to see and walk on Sólheimajökull glacier, but to explore it and its features at length.



* Available with transfer from Reykjavík, (see p. 5). Pick up with Reykjavík Excursions starting at 8:30. Price 18.900 ISK. Children 10.900 ISK.



DAILY DEPARTURES

ALL YEAR 10:00, 12:00 & 14:00

TOUR DETAILS

MEETING POINT:

Sólheimajökull parking area,

20 min. prior to departure.

INCLUDED:

Guiding services, glacier gear and safety equipment.

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CLOTHING: See page 23. **MINIMUM AGE:** 10 years.

PRICE CHILDREN:

10 - 15 years: 9.900 ISK.

PRICE: 14.900 ISK.





SÓLHEIMAJÖKULL GLACIER WALK AND ICE CLIMBING IMG16

DURATION 4 HRS

ON THE ICE 3 HRS

LEVEL MODERATE



DAILY DEPARTURES

ALL YEAR 12:00

TOUR DETAILS

MEETING POINT:

Sólheimajökull parking area,

30 min. prior to departure.

INCLUDED:

Guiding services, glacier gear and safety equipment.

CLOTHING: See page 23. **GUIDE RATIO:** 6:1

MINIMUM: 2 persons.

MINIMUM AGE: 14 years.

WITH TRANSFER FROM RVK:

24.900 ISK.

PRICE: 19.900 ISK.

A fun adventurous combo Introduction to ice climbing A memorable experience

On this glacier adventure, we combine our popular glacier walk with an easy introduction to ice climbing. With a small number of only 6 passengers per guide, everyone will get a chance to have a fun and easy ice climbing experience adopted to their fitness level. Don't forget your camera as this tour offers amazing photo opportunities to share with friends and family.









KAYAKING BY THE GLACIER IMG15

Easy kayaking tour on Sólheimajökull Glacier Lagoon

DURATION 2.5 HRS

KAYAKING 1 - 1.5 HRS

LEVEL FASY

Kayak on a glacier lagoon Amazing glacier views Paddle past floating icebergs

This Icelandic Mountain Guides exclusive brings you up close with the majestic outlet glacier Sólheimajökull. As you paddle between the ever-changing icebergs of the lagoon, you get to leave the crowds behind and admire the spellbinding glacier landscape from a wholly different perspective. With our stable sit-on-top kayaks, no prior experience is required, and the basic technique is very easy to pick up.



*This tour is also available with transportation from Reykjavík and is operated by our partners Reykjavík Sightseeing.



DAILY DEPARTURES

JUNE 1ST - SEPT 30TH 9:30, 12:30 & 15:30

TOUR DETAILS

MEETING POINT:

Sólheimajökull parking area,

30 min. prior to departure.

INCLUDED:

Kayak and paddle, dry suit and all technical equipment.

NOTE: Bring warm clothing and extra pair of socks. Make sure that you store away all nonwaterproof items before the tour.

GUIDE RATIO: 8:1
MINIMUM: 2 persons.
MINIMUM AGE: 16 years.

FROM REYKJAVÍK: 19.900 ISK.*

PRICE: 12.900 ISK.





BLUE ICE EXPERIENCE IMG21

DURATION 2.5 - 3 HRS

ON THE ICE 1.5 - 2 HRS

LEVEL EASY



DAILY DEPARTURES

ALL YEAR 10:00, 10:30, 14:00 & 14:30. JUNE 15th - AUG 31st EVERY HOUR BETWEEN 9:00 & 17:00

TOUR DETAILS

MEETING POINT:

Icelandic Mountain Guides Sales Lodge in Skaftafell **20 min. prior to departure**.

INCLUDED:

Guiding services and glacier equipment.

CLOTHING: See page 23.
MINIMUM AGE: 8 years.
PRICE CHILDREN:

8 - 15 years: 7.900 ISK.

PRICE: 10.900 ISK.

A fun and easy glacier walk Svínafellsjökull glacier A unique experience

An easy glacier walk on the Svínafellsjökull glacier tongue, a breathtaking outlet glacier projecting from Vatnajökull, the largest glacier in Europe. From here, the scenery and views are simply stunning. Before entering the glacier you will be taught how to use basic glacier equipment such as crampons and ice axes. This is the first tour that the company offered and the first scheduled glacier walk tour for tourists in Iceland and to this date it is the most popular tour offered by Icelandic Mountain Guides.





GLACIER WALK AND ICE CLIMBING IMG28

DURATION 4 HRS

ON THE ICE 3 HRS

LEVEL MODERATE

An adventurous combo Introduction to ice climbing A fun memorable experience

This combination of a glacier walk and ice climbing is a great way to experience the Icelandic glaciers in a fun but safe way. The ice climbing is adjusted to each group and with only 6 passengers per guide, everyone gets a time to shine. Don't forget to bring your camera, this is a perfect opportunity to have your picture taken enjoying a real Iceland glacier adventure.



SEPT 1ST - JUNE 30TH 12:00

JULY 1ST - AUG 31ST 9:30 & 14:30





Icelandic Mountain Guides Sales Lodge in Skaftafell **30 min. prior to departure**.

INCLUDED:

Guiding services and safety equipment.

CLOTHING: See page 23.

NOTE: Bring snack.

GUIDE RATIO: 6:1
MINIMUM: 2 persons.

MINIMUM AGE: 14 years.











GLACIER ADVENTURE IMG22

DURATION 4 HRS

ON THE ICE 3 HRS

LEVEL MODERATE

Svínafellsjökull glacier walk Go farther onto the glacier Picturesque views

This is a moderate Glacier Walk in the majestic landscape of Svínafellsjökull glacier, surrounded by some of Iceland's most spectacular peaks. Your experienced guide will lead you through ice sculptures, ridges and deep crevasses to places few other groups reach on the glacier. This tour is our guide's favorite and given the long time on ice, we may even get lucky and find an Ice Cave or other beautiful glacial formations.









DAILY DEPARTURES

MAY 1ST - SEPT 30TH 9:00 & 13:00 JUNE 15TH - AUG 31ST 9:00, 9:30, 13:00 & 13:30

TOUR DETAILS

MEETING POINT:

Icelandic Mountain Guides Sales Lodge in Skaftafell **20 min. prior to departure**.

INCLUDED:

Guiding services and safety equipment.

CLOTHING: See page 23.

NOTE: Bring snack.

MINIMUM AGE: 14 years.

PRICE CHILDREN:

14 - 15 years: 11.900 ISK.

Price: 16.900 ISK.





FULL DAY GLACIER ADVENTURE IMG23

DURATION 7 HRS

ON THE ICE 6 HRS

LEVEL CHALLENGING



DAILY DEPARTURES

JUNE 1st - AUG 31st 9:00

TOUR DETAILS

MEETING POINT:

Icelandic Mountain Guides Sales Lodge in Skaftafell 20 min. prior to departure.

INCLUDED:

Guiding services and safety equipment.

CLOTHING: See page 23. NOTE: Bring lunch and energybars.

MINIMUM: 2 persons. MINIMUM AGE: 16 years.

PRICE: 23.900 ISK.

Rewarding glacier hike The largest glacier in Europe Panoramic views

Wander through the majestic crevasses of Svínafellsjökull Glacier. On this full day adventure you will hike up the Svínafellsjökull glacier tongue deep into the glacier valley between the summits of Hvannadalshnúkur and Hrútsfjallstindar. An experienced glacier guide will safely lead you into this frozen world and reveal to you the secrets of this largest glacier in Europe. A definite must for glacier ice as well as outdoor enthusiasts.





ICE CLIMBING IMG24

DURATION 5 HRS

ON THE ICE 4 HRS

LEVEL MODERATE

Suitable for all skill levels Emphasis on technique The Majestic Svínafellsjökull

Svínafellsjökull glacier, with its many ridges, deep crevasses and various shapes and heights of ice walls makes an ideal playground for ice climbing. So whether you are a complete beginner looking for an adventure or an experienced ice climber wanting to improve your technique, Svínafellsjökull glacier has everything you are looking for.





DAILY DEPARTURES

JUNE 1ST - AUG 31ST 9:00

TOUR DETAILS

MEETING POINT:

Icelandic Mountain Guides Sales Lodge in Skaftafell **30 min. prior to departure**.

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INCLUDED:

Guiding services and safety equipment.

CLOTHING: See page 23.

GUIDE RATIO: 4:1 MINIMUM: 2 persons. MINIMUM AGE: 14 years.

PRICE: 24.900 ISK.





SNÆFELLSJÖKULL GLACIER HIKE

Available from Reykjavík and Arnarstapi IMG19

HIKING 6 - 8 HRS

TOTAL DISTANCE 7 - 8 KM (4.5 - 5 MI)

ELEVATION 750 M (2450 FT)

LEVEL **DEMANDING**



DEPARTURES



MAY 15TH - AUGUST 15TH PICK UP IN REYKJAVÍK 8:00 - 8:20 DEPARTURE 8:30 MEETING AT ARNARSTAPI

TOUR DETAILS

MEETING POINT: Arnarstapi Café at 10:40.

INCLUDED:

CAFÉ 10:40

Glacier equipment, transportation from Arnarstapi and Guiding service.

MINIMUM: 2 persons. MINIMUM AGE: 16 years.

Snæfellsnes peninsula Snæfellsiökull summit hike Journey to the center of the earth

The summit of Snæfellsnesjökull is the crowning iewel of the Snæfellsnes Peninsula and this tour takes you all the way to the top (1,446m). Standing on top of the glacial volcano, you have amazing panoramic views that extend from the Revkianes Peninsula in the south to the West Fjords in the North. A challenging glacier hike that makes you feel like you are on top of the world!



PRICE: 37.900 ISK. WITH TRANSFER FROM RVK: 42,900 ISK.

Equipment list and further information:

Food: Pack food for a long day. A mixture of sweets (such as chocolate) and sandwiches is ideal. A 1 ltr. water bottle is also mandatory but energy drinks are optional. There are NO shops on the way so make sure you come prepared

Shoes: Hiking shoes appropriate for hiking and trekking on rough terrain and snow.

Clothing: A Gore-Tex shell or equally waterproof jacket and pants, hiking pants (Not jeans), warm sweater and a suitable base layer (like wool, Not Cotton), a hat, gloves and an extra pair of dry clothing may come in handy after the tour.

Other gear: Backpack - Around 30 liters in capacity, a beanie, sunglasses, small thermal mat for lunch break, ski-goggles for ascents in the edge of seasons.

Weather: Can change rapidly in the Glacial area of Snæfellsjökull route so make sure that you are well prepared no matter the current weather or forecast.

Fitness level: The hike is challenging with elevation gain of around 750 m (2.459 ft.) and a total distance of 7 - 8 km (4 - 5 mi) that we will cover in about 6 - 8 hours.





"Our aim is always to provide a safe, fun and adventurous experience."

Practical information

Booking is always necessary to guarantee your place.

Clothing:

Bring warm clothing for all our tours. A thick sweater, a waterproof shell, gloves and good hiking shoes may come of good use on all our tours. We rent out hiking shoes and rain clothing for a small fee, if needed just ask when you book the tour. All specific gear such as crampons and ice axes or other mountaineering equipment is always provided by **Icelandic Mountain Guides**.

Departures:

Departures dated in the brochure are guaranteed. Special tours for groups or private tours can be provided at any time upon request.

Cancellation policy:

Cancellation received more than 24 hours prior to departure are fully refunded.

Cancellation received less than 24 hours prior to departure will be charged full price.

Security:

The Icelandic climate is rough and variable, so is the terrain. We therefore reserve the right to alter and modify our program at any time before or during the trip to ensure the safety of our clients and staff. Our highly trained guides will do their very best to ensure you a safe and pleasant journey.

Languages:

All **Icelandic Mountain Guides** day tours are conducted in English.

Disclaimer:

Be advised that participation in all activities is entirely at your own risk. Participants must at all times behave in a responsible manner and follow instructions and safety guidelines given by **Icelandic Mountain Guides** staff. **Icelandic Mountain Guides** do not accept any responsibility for accidents that are a result of the participant's negligence, acts of third parties or other natural conditions beyond our control.

Prices are valid to May 31st 2019

On the ice: Time spent on a glacier during a glacier walk or ice climbing tours.

Active: Time spent outside of a vehicle on a day tour from Reykjavík.

Hiking: Time spent hiking on trails or paths.

Duration: Total duration of the tour.



EXTRA CLOTHING CAN BE RENTED



Please contact our office for more departures, groups and private tours



WELCOME TO ICELANDIC **MOUNTAIN GUIDES**



TOURIST INFORMATION FREE BOOKINGS



OUR STAFF SPEAK 🁭 🛑 🌗 👭













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HOW TO FIND US

Visit us downtown at Bankastræti 2 Open everyday Summer 09-20 & Winter 09-19